



October 20, 2009

Dear Parents and Guardians:

In order to minimize the overall effect of the Type A/H1N1 flu virus, also known as the swine flu, we are working closely with our local and state health departments in making decisions. Please note that Lehigh Valley Academy does have a confirmed case of H1N1.

To combat this new flu strain, we plan to continue many of the measures previously put in place to protect your children. Additionally, new guidance from the Federal Centers for Disease Control and Prevention (CDC) now stipulates that **a student with the flu will need to stay home until he/she is fever-free for at least 24 hours without the use of fever-reducing medications (Tylenol, Motrin, etc.)**. In most cases, this would be anywhere from three to five days where your child would be kept home from school. We understand that this can be a hardship for working parents and suggest that you plan ahead to secure care in the event your child becomes ill.

Our school will also continue to take steps to reduce the spread of infections like the flu. Frequent proper hand washing is encouraged and hand sanitizers are available throughout the buildings. Surfaces that are frequently touched or handled are regularly cleaned and disinfected.

Please help us by reminding your children of the following:

- Wash your hands often
- Avoid touching your eyes, nose and mouth
- Don't share drinking cups and utensils
- Cover coughs or sneezes using a tissue or your elbow

Information on the flu and how you can protect your family is available at the following websites: www.health.state.pa.us, www.cdc.gov and www.flu.gov.

Thank you for your support in this matter.

Sincerely,

Susan Mauser

Susan Mauser
CAO

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